

RESOURCE LIST

Shelter Safe

Directory of emergency and transitional shelter and housing services across Canada for women experiencing gender-based violence.

Note: Shelters vary in their degrees of inclusivity for transgender women, and many are not accessible at all to gender non-conforming and non-binary people. Shelter workers interested in creating safer, more welcoming spaces for LGBTQ2S clients may wish to review the following resources, which are designed for youth shelters but aspects of which can also be applied at shelters for those experiencing intimate partner violence:

Making LGBTQ2S shelter spaces safe, inclusive and affirming (Homeless Hub)
LGBTQ2S toolkit (National Learning Community on Youth Homelessness)

Bridges Institute

Selected list of services for men who have used violence, including intervention and counseling programs across Canada to help men create just outcomes for the partners or ex-partners they have abused.

Moosehide Campaign

List of community programs to support men in making non-violent choices in relationships, with a focus on services for Indigenous men.

Yellow Brick House

Supporting abused women and children in York Region 1-800-263-3247.

Toronto Distress Centre

(416) 408-4357

Support hotline for people experiencing emotional distress or in need of crisis intervention and suicide prevention (including people who have used and/or experienced violence, or anyone else in distress).

Gerstein Crisis Centre

(416) 929-5200

Support by hotline for people experiencing a mental health crisis and/or at risk of suicide (including people who have used and/or experienced violence, or anyone else in crisis).

Assaulted Women's Helpline

1 (866) 863-0511

Toll-free support hotline for women who have experienced gender-based violence.

Fem'aide Hotline

1 (877) 336-2433

Toll-free support hotline for Francophone women who have experienced gender-based violence.

Kids Help Phone

1 (800) 668-6868

General distress hotline for children and youth, including those who may be experiencing or using violence.

Ontario Women's Justice Network

Extensive and diverse list of counseling, legal and support services for women across Ontario, including those experiencing gender-based violence.

Aboriginal Justice Strategy Programs – Canada

Directory of a range of alternative justice programs for Indigenous communities across Canada, including peacemaking circles, restorative justice programs, and courts with Indigenous judges, Crown attorneys and other key personnel.

Canadian Restorative Justice Consortium

Directory of restorative justice programs and organizations across Canada.

D16 OSSTF resources

See the D16 website at <http://www.d16.osstf.ca/Copy-of-items-of-interest/Mental-Health-Services-for-Members.aspx>

Posaction Plus or Feeling Better now care program

FURTHER LEARNING

If you wish to dive further into the topics of intimate partner violence, justice and healing. The following links may be especially helpful in promoting reflection, discussion and learning. For more suggestions, visit: abettermanfilm.com.

9 ways to be accountable when you've been abusive

By: Everyday Feminism (Author: Kai Cheng-Thom) Great for: People who have used violence and wish to learn how they might be able to take responsibility for the harm they have caused. Link: (<http://bit.ly/1PPiLwo>)

Neighbours, Friends and Families

By: Centre for Research and Education on Violence Against Women and Children, Western University Great for: People whose friends, family or community members are experiencing or using violence. Includes tips on safety planning, identifying and supporting those who may be experiencing violence, and speaking with those who are using violence. Link: (<http://bit.ly/1uNWtFD>)

6 ways to confront your friend who's abusing their partner

By: Everyday Feminism (Author: Kai Cheng-Thom) Great for: People who wish to speak with a friend or loved one about their abusive choices. This article's approach affirms the humanity of the person using violence as well as the person experiencing it, and holds space for complicated feelings. Link: (<http://bit.ly/1goZFTn>) The Peak Magazine,

Transformative justice issue

By: The Peak Magazine (various authors and contributors) Great for: Anyone seeking an introduction to the principles of transformative justice. Includes many examples of how to put the principles into action, in settings ranging from prisons to schools to our own homes and personal relationships. Link: (<http://bit.ly/2fmWMbR>)

Restorative justice e-library

By: Restorative Justice for All Great for: People who wish to learn more about the theory and practice of restorative justice through a searchable catalogue of multimedia resources. Link: (<http://bit.ly/2xkcGun>)

ENCOURAGE ACTION

Ways to put your newfound knowledge into action. Here are some suggestions:

- ✓ Expand our conversation. Share your reaction to A Better Man and your ideas for addressing domestic violence on social media using #16Days and #DVatWork. Tag @abettermanfilm in your posts!
- ✓ If you are a man, gather with other men and watch the documentary. Use this discussion guide, the A Better Man discussion guide, or the A Better Man men's viewing group guide to help you process the experience together.
- ✓ Make a list of support services and programs in your community.
- ✓ Start the conversation in your union.
- ✓ Attend a December 6 vigil in your community.
- ✓ Send a message to your elected representatives – federal, provincial, territorial – that asks them to support legislative change, like paid domestic violence leave.

WHAT CAN WE AT D16 OSSTF DO?

Unions can do many things to start and guide an ongoing discussion about how to address domestic violence at work. They can:

- ✓ Host an information session on domestic violence at work for members
- ✓ Bargain with employers for paid leave and other workplace supports
- ✓ Train union stewards and other representatives to recognize and respond to domestic violence at work
- ✓ Be ready to support educators or other staff by keeping a list of community resources
- ✓ Build relationships with local shelters, local service providers, and local organizations working to end gender-based violence
- ✓ Support or organize local December 6 or 16 Days events (worksites, schools, local communities etc.)