

# Welcome to CAREpath

## Do you know someone with cancer?

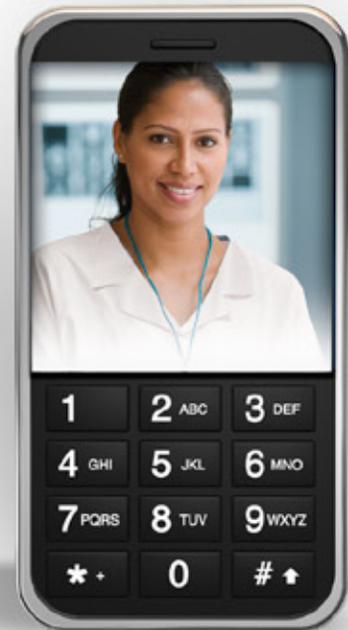
We understand that a cancer diagnosis means uncertainty, questions, anxiety and fear. At CAREpath, if you or a member of your family is diagnosed with cancer, your personal Oncology Nurse Case Manager is there to guide you through every step of your cancer experience, from diagnosis through treatment and into survivorship.

The CAREpath Navigation System, Survivor Support Program and Cancer Information Line are all part of your OTIP Group Benefits Coverage. This benefit comes at no additional cost to you.

### CAREpath Navigation System

The CAREpath Navigation System provides your own personal CAREpath nurse who is there to provide telephone support to you and your immediate family members. Your CAREpath team follows the most up-to-date guidelines for cancer treatment and care to ensure that you receive the very best treatment. CAREpath and your personal CAREpath Oncology Nurse will provide:

- *Assessment of cancer treatment plan and options*
- *Explanation of tests and treatments*
- *Emotional support for cancer patient and their immediate family*



**Call CAREpath. We can help.**  
**1-800-290-5106**

### CAREpath Survivor Support Program

Surviving cancer is the first step. Thriving afterwards is the rest of the journey and the focus of CAREpath's Survivor Support Program. Survivors face many challenges. In addition to coping with the new physical and emotional changes, cancer survivors are at an elevated risk of developing a recurrence or new cancer. CAREpath advice is based on the most up-to-date research and the unique needs of each survivor. The CAREpath Survivor Support Program will provide:

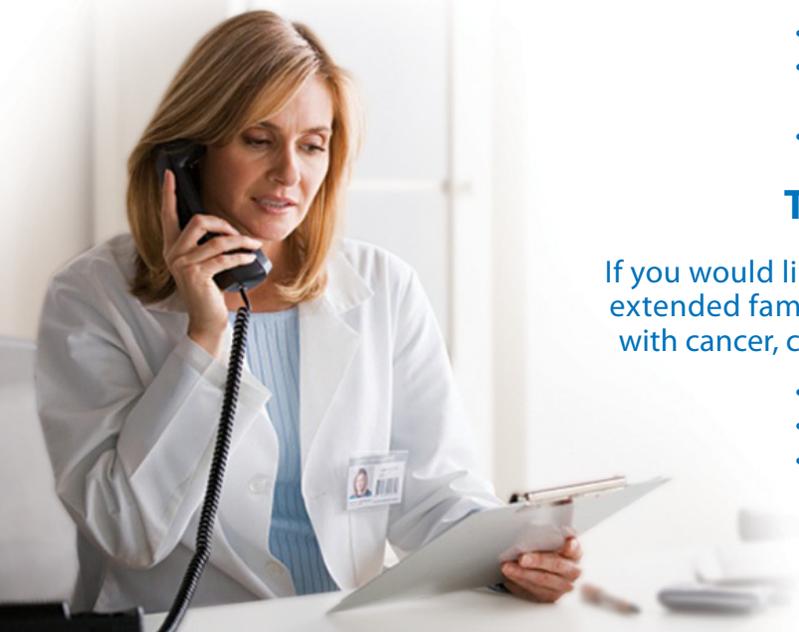
- *Guidance on cancer recurrence prevention*
- *Information on possible delayed effects of cancer treatment*
- *Support for survivors to help themselves*

### The CAREpath Cancer Information Line

If you would like access to cancer-related information to help your extended family members and friends who have been diagnosed with cancer, call the CAREpath Cancer Information Line. It provides:

- *Basic information on a variety of cancer-related topics*
- *Detailed information related to specific cancers*
- *Suggested website links for general information*

**Answers. Guidance. Support.**  
[www.otip.com](http://www.otip.com)



# Questions & Answers

## Who is CAREpath?

CAREpath is a Canadian-owned and operated health care company that specializes in cancer-related service programs for Canadians and their families. CAREpath is now a valuable part of your OTIP Group Benefits Coverage and available to you, your spouse and dependant children at no cost to you.

## What CAREpath services can I access as part of my OTIP Group Benefits Coverage?

Your OTIP Group Benefits Coverage includes the CAREpath Navigation System, the CAREpath Survivor Support Program and the CAREpath Cancer Information Line.



## I already have a good doctor. How does CAREpath fit?

CAREpath's goal is to enhance the care you are currently getting, not challenge it. We do not replace the doctor/patient relationship you have with your family doctor or treating oncologist. We help prepare you for your oncology visits, which ensures you fully understand the purpose of your appointments, making it easier to discuss treatment issues and communicate with your specialists. We provide expert oncology information to your family doctor that will help integrate them in your cancer investigation, treatment, follow-up and rehabilitation. We're here to help your doctors help you.

## Is the CAREpath Navigation System "two-tier" medicine?

No. CAREpath services are offered to you as part of your OTIP Group Benefits Coverage. Your Benefit Plans may have provisions for you to seek care from health care providers outside the provincial systems, such as a psychologist, or a physiotherapist. Similarly, your OTIP Group Benefits Coverage provides CAREpath services, which offer access to a personal Oncology Nurse, backed by oncologists, to help support you through your cancer journey.

## What about confidentiality? I do not want my insurance company or workplace to know about my health.

CAREpath services are completely confidential. No personal information is shared with OTIP, your employer, co-workers or union.

## How do I find out more?

Call our help line. A representative will take your pertinent information and arrange for a call-back from your personal CAREpath Oncology Nurse. Your nurse will be able to answer all of your questions and tell you how CAREpath can help you.



CAREpath's Benefit Line  
for OTIP Members:  
1-800-290-5106



**CARE**path

THE CANCER ASSISTANCE PROGRAM

You can find out more online by visiting  
[www.otip.com](http://www.otip.com) and clicking on the CAREpath link

